HOW INFRARED WARMTH AND BRINE VAPOUR SUPPORT YOUR HEALTH

For more than two decades now we have devoted ourselves to the positive effects of infrared radiation. Our VITALlight radiators produce valuable infrared ABC radiation with particularly high intensity for local use, according to the model of the natural infrared spectrum of the sun. Whereas our surface heating elements guarantee constant radiation from all sides and gentle relaxing warmth. Combining both systems and integrating the Sole-Therme salt evaporator - such as our TrioSol cabins do - you have a powerful health refuge for your home. Based on our many years of experience we recommend the combination of all 3 systems to additionally treat various disorders, which are listed in the table below.

	Infraworld surface heating	VITALlight- radiators	Sole-Therme- salt evaporator
Strengthening of the immune system	***	*	***
Training heart/circulation	***	*	**
Stress	***	*	*
Before and after sport	***	***	**
Sore muscles	**	**	*
Muscle disorders	**	***	*
Strain	***	*	*
Regeneration	***	**	**
Encourage metabolism	**	**	**
Detoxification/purification	***	**	**
Support weight loss	***	*	*
Activate self-healing power	***	**	**
Find inner balance	***	*	***
Renew energy	***	*	***
Colds	***	**	***
Bronchitis	*	*	***
Asthma	*	*	***
Migraine	**	*	
Sleep disorders	***	*	
Skin blemishes	**	*	***
Neurodermatitis	**	*	***
Borreliosis	**	*	
Pain therapy	*	***	
Back pain	**	***	
Rheumatism	***	**	
Blood pressure regulation	***	*	
Comparison technical data + application			
Exposure area	infrared C	infrared A/B/C	
Percentage distribution	0.5 % / 99.5 %	18 % / 56 % / 26 %	
Heating of the exposed skin surface	gentle	intensive	
Preheating time radiators	approx. 10 min.	none	approx. 15 min.
Exposure area	large area	selective	
Recommended application period	30 – 45 min.	10 – 15 min.	30 – 45 min.

^{*} suitable ** recommended *** particularly recommended